



DolphinChronicle

CHERRY HILLS VILLAGE ELEMENTARY

720-747-2700 Main

720-554-4701 Storm Schedule

720-747-2795 Attendance

720-747-2788 Fax

September 28, 2012

CALENDAR OF EVENTS

Monday, October 1	Official Pupil Count
Wednesday, October 3	Reach Out – 3:30 – 4:00PM
Friday, October 12	Student Council – 8:00AM
Thursday, October 18	Accountability Meeting – 7:45AM
	CLAW Meeting – 7:50AM
	PTCO Meeting – 9:15AM
Friday, October 19	All Pro Dad’s Breakfast – 8:00AM
October 23 – 25	Science Fair
Tuesday, October 23	Science Fair Open House – 5:00-7:00PM
Thursday, October 25	Picture retake day
October 29-November 2	NO SCHOOL – FALL BREAK

STUDENT OCTOBER COUNT IS MONDAY, OCTOBER 1

Monday, October 1, 2012, is Student October Count. It is the single most important state data submission that the schools participate in each year. The October Count is responsible for providing the district’s funding.

Please help us with this important Student Count Day, by having your children here at school and on time Monday, October 1, 2012.

Directory News

The CHVE Directory is going to print! Many families still have not ordered their copies, so please log on to CHVE.org and order yours today. Orders will be accepted until noon on Monday, October 1, 2012. Questions? Contact Deena Tunnell at pdtunnell@msn.com.

Dear CHVE Families,

I was saddened to share in a letter to the community this week that a CHVE parent, Michael Regan, passed away after a long and courageous battle with cancer. With love and remembrance, I dedicate this newsletter to melanoma awareness and prevention. Colorado ranks among the world's highest in newly diagnosed cases of skin cancer, behind Australia and Arizona. We need to be aware of the risk factors and preventative measures associated with melanoma.

The main melanoma risk factor is UV light radiation, which damages the skin cells by the electromagnetic radiation. This, in effect, damages the DNA and prevents the cells from healing themselves. Melanoma is one of the most commonly found cancers in persons under 30 years old. A Scandinavian study found that women who visit a tanning salon more than once a month are 55% more likely to develop melanoma and this risk doubles for women in their 20s. Children receive 80% of lifetime sun exposure by age 18. Unfortunately, the rates for preventative measures such as sun protection drop off considerably by age 10, and continue to drop throughout adolescence. Only 10% of adults use sunscreen regularly. We can improve our sun safety practices!

The American Cancer Society has adopted this simple melanoma prevention message created in Australia: **Slip! Slop! Slap! Wrap!**

SLIP on a shirt. Clothing is one the most effective protections against UV radiation. Keep the following tips in mind:

- Long-sleeved shirts and long pants offer the best protection.
- A tight weave, such as the cotton knit of a t-shirt, offers more protection than a loose weave. For a rough idea of a fabric's ability to block UV rays, hold it up to the light. Fabrics that allow more light to come through will probably let more UV radiation through as well.
- Dark colors are more absorbent and less reflective than light colors, and so offer better protection.
- Dry clothing is more protective than wet.

SLOP on [sunscreen](#). Sunscreens absorb, reflect, or scatter most – but not all – UV rays before they can penetrate the skin. Look for sunscreens with the following features:

- [Broad-spectrum](#) protection. Broad-spectrum sunscreens protect against both UVA and UVB radiation.
- A [sun protection factor \(SPF\)](#) of at least 15. SPF measures how long a product protects the skin from UVB rays before it starts to burn, compared to how long it takes to burn without protection. If you start to burn in 10 minutes without protection, using an SPF 15 sunscreen theoretically will prevent you from burning 15 times longer – about 2 1/2 hours. An SPF of 15 blocks 93% of UVB rays. SPF's of 30 and higher block 97% of UVB rays and are suggested for people who are sun-sensitive, have skin cancer, or are at a high risk for developing skin cancer.
- A "waterproof" feature, if you will be sweating or swimming.
- A valid expiration date. Sunscreen without an expiration date has a shelf life of no more than three years. Some sunscreen ingredients can degrade and lose their effectiveness over time, particularly when exposed to extreme temperatures.

SLAP on a hat. For the most protection, wear a hat with a brim wide enough to shade your face, ears, and the back of your neck.

- Look for hats made of tightly woven fabrics, such as canvas. Avoid loose weaves, particularly straw hats with holes that allow sunlight through.
- If you prefer to wear a baseball cap, make sure to protect your ears and the back of your neck. Wear clothing that covers those areas, use sunscreen with at least SPF 15, or stay in the shade.

WRAP on sunglasses. Sunglasses protect your eyes, your eyelids, and the delicate skin around your eyes from UV rays. They also reduce the risk of cataracts.

- The American National Standards Institute (ANSI) requires that sunglasses block a minimum of 50% of UVA and 70% of UVB rays. Glasses labeled "meets ANSI requirements" or "UV absorption up to 400 nm" provide 99 to 100% protection from UVA and UVB rays. Glasses labeled "cosmetic" block 70%. Avoid buying sunglasses that carry no label.
- Darker sunglasses or polarized lenses don't necessarily offer more UV protection. UV protection is provided by a chemical that makes up part of the invisible coating on the lenses, regardless of how dark they are.
- Wraparound sunglasses prevent UV rays from entering your eyes from the sides.
- Don't buy "toy sunglasses" for your children. Look for the same UV protection in children's sunglasses as you would in adult glasses

I encourage you to talk with your children about these safety precautions. For more information, visit www.melanomacenter.org.

EXCITING STAFF NEWS: I'm thrilled to announce, second grade teacher, Kelli Feltz is pregnant!!! Baby Feltz is due mid-March! We are extremely fortunate to have a wonderful teacher who will take over during Mrs. Feltz's maternity leave. Her name is Christine Kelly. Christine received her elementary degree from Western Sate Colorado University. Christine is a fabulous teacher and already works at CHVE!

Current "YIPPEE-YAHOO-YOU SPLASH" sentiments go to:

- Run 4 Funds volunteers, especially Becky Mackintosh, Karen Robinson, Anne Zurcher and Sarah Possehl. What a tremendous success!
- The Red Ribbon Week team, Sara Talbert, Cheryl Schaden, Katie Feiman and Whitney Groth. WOW, you inspired great participation!
- Thanks to all our class dinner hosts and coordinators.
- Laura Shipman for all her hard work in providing Dolphin Duds spirit wear.
- Alli Wozniak, new Before and After Care Director, for providing such fun and engaging activities for CHVE kids.

Together in education,



Molly Drvenkar

Voter Information

Did You Know. . . .

Arapahoe County is changing their practice of voting at neighborhood polling places to voting at VOTE CENTERS. That means that there will be significantly fewer locations to vote this election year and Cherry Hills Village Elementary School is a VOTE CENTER. Expect long lines at the Vote Centers. To avoid the lines you can request a mail in ballot. Please do not assume you will receive a mail in ballot. If you did not vote in the last election you may not receive a mail in ballot. You can check your status at this link: <http://www.arapahoevotes.com/my-voting-information/>

Here is more voter information:

Arapahoe County will be using Vote Centers on Election Day.

They will be open 7 a.m. to 7 p.m.

The Vote Centers will be in place of individual polling places.

If you are registered to vote in Arapahoe County, you may vote at any Vote Center.

Election Day! – November 6, 2012

Need to register to vote? www.arapahoevotes.com

Last day to register is October 7, 2012

Request a Mail-in Ballot online.

Visit: <http://www.arapahoevotes.com>

To update, verify or request a ballot, visit govotecolorado.com (Registro de votante en el internet govotecolorado.com)

Mail Ballot Applications must be filed no later than 4:30 p.m. on the Tuesday immediately preceding the election in order for voters to receive a ballot in the mail. Voters who wish to vote a Mail Ballot in the County Clerk's office may file an application until 4:30 p.m. Friday, November 2, 2012.

The election office will begin mailing Mail Ballots approximately 22–18 days prior to Election Day. Voted Mail Ballots must be received at the Clerk & Recorder's office **no later than 7:00 p.m. on Election Day**, in order to be counted. Mail Ballots received after 7:00 p.m. on Election Day will not be counted.

Dolphin Club News

Hello CHVE Parents

This is just a friendly reminder that Dolphin Club is accepting registration for any CHVE students.

We are open at 7am until school starts and after school until 6:00pm. We are offering “fun with food” after school on Tuesdays from now on and will be giving kids the opportunity to play with their food and then eat it. Also, if you and your students are looking for extra gym time we will be free to use the gym Wednesday mornings and on occasion in the afternoons, plus we always schedule playground time or field games as well.

We are OPEN over Fall Break!! We have three field trips planned for Monday, Wednesday and Thursday for bowling and pizza, monster mini golf, and to the Denver Museum. We will also be having theme days on the days we are at school including a Costume Day and a PJ Day. All five days will be packed with activities and games that your students will love. Space is limited on field trip days so please let me know as soon as possible. If you have already registered, those days will be available soon on the online calendar.

Please feel free to call me or email me at anytime. Our website also provides information about Dolphin Club on a regular basis. <https://sites.google.com/site/chvedolphinclub/>

Sincerely,

Alli Wozniak
Cherry Hills Village Elementary
Before and After School Director 720-747-2754

School of Choice

The Cherry Creek School District allows its resident students to apply for enrollment in the Cherry Creek schools/programs of their choice. In other words, you may request that your children attend a Cherry Creek school outside your assigned attendance area. Please check the district website in November 2012 for information about how and when you will be able to access the electronic School of Choice Application to request a transfer for the 2013-14 school year.

Thanks, Vicky

Vicky Lisi, vlisi@cherrycreekschools.org
Manager, District Admissions & Student Records
Homeless Liaison for CCSD

Admissions East
5416 S Riviera Way
Centennial, CO 80015

Phone: 720-886-7484
FAX: 720-886-7494

Admissions West
9150 E Union Ave
Greenwood Village, CO 80111

Phone: 720-554-4555
FAX: 720-554-4558

PIN News

The next Parent Information Network (PIN) meeting and presentation will be **Tuesday, October 2nd, 9:15 a.m.-11:15 a.m.** at SARC. Please join us for "What Parents Need to Know about Alcohol and Drug Abuse", with presenters Dr. Christian Thurstone and Director Thomas Gorman. Both of these gentlemen are experts in their fields of youth substance-abuse treatment and narcotics law enforcement, respectively. They will present valuable information and solutions for dealing with this growing problem for our youth. You will find further information on our speakers, and directions to SARC, below.

Tuesday, October 2, 2012
9:15 a.m. – 11:15 a.m.

“What Parents Need to Know about Alcohol and Drug Abuse”

Learn about how the effects of alcohol, illicit drugs and marijuana use by teens and young adults can be harmful to the developing brain, how substance abuse can lead to lifelong issues of addiction, how you can tell if your child has an abuse issue, and gain information about how to help them get treatment. You will also hear about the legal ramifications that substance abuse can bring into your life.

Our speakers will be Dr. Christian Thurstone and Mr. Thomas Gorman. Dr. Thurstone is a general child and adolescent and addictions psychiatrist. He serves as medical director of the Substance Abuse Treatment Education and Prevention program (STEP) at Denver Health. STEP is one of Colorado's largest youth substance-abuse treatment clinics. Director Tom Gorman is in charge of the Rocky Mountain High Intensity Drug Trafficking Area, based in CO. He is a graduate of the FBI Academy and is past president of the California Narcotic Officers Association and the National Alliance of State Drug Enforcement Agencies. He has written many articles on drug enforcement published in magazines, and was also responsible for writing the attorney general's office first drug and user ID manual. These two experts in their fields will present both the medical and legal views of how substance abuse can affect your child, your family, and our communities.

Plan ahead to take a little time out of your day or take a few hours off of work and come to **connect** with other parents, **be informed** by local and national speakers, and **get empowered** to take a proactive approach to parenting. All parents, school administrators and community members are welcome and encouraged to attend Parent Information Network (PIN) presentations.

Presentations are held the first Tuesday of each month and are FREE

Held at the **Student Achievement Resource Center (SARC).**

14188 Briarwood Avenue, Centennial, south of Arapahoe Rd., between Potomac and Jordan Roads

Come at 9:00 a.m. for refreshments and networking

For further information go to: www.PINccsd.org.

MARK YOUR CALENDARS!

Nov. 6 Healthy Minds & Healthy Bodies-What you should know about Wellness in CCSD

Dec. 4 Kristen Race - “Generation Stress: Mindful Solutions to Create Happy Families”

Cafeteria News

Dear Families,

Celebrate National School Lunch Week, October 15-19, 2012 with the introduction of the 5th Gear Kids program and Take Your Family to Lunch Day!

Because healthy minds need healthy, nourished bodies, school meals strive to provide students with the nourishment they need to excel. Districts including Cherry Creek Schools have continuously made changes to ensure that school meals contribute positively to student's health and wellbeing.

This special week is a chance to celebrate these positive, healthy changes occurring in school lunches around the country and in our district.

This year's theme, '*School Lunch – What's Cooking*' can help schools highlight these changes and the changes that the Healthy, Hunger-Free Kids Act made to the school lunch requirements in all schools.

These changes are the largest to the National School Lunch Program in a number of years.

A few things you and your student will notice as school lunches continue to evolve include:

- Increased variety and amounts of fruits and vegetables available to students.
- Increased whole-grain rich items including brown rice, whole wheat rolls, and whole grain pasta.
- A variety of low-fat and fat-free milk choices.
- Entrée salad options available to students at all grade levels.
- More entrée choices at all grade levels.

It's take your family to lunch day! During National School Lunch Week, we invite families to join your students for lunch. Come eat lunch with your student any day during this week to see what's new in the school lunch program. To make sure that we prepare enough food for everyone, please RSVP by calling your school's kitchen manager to let them know you're coming. The adult lunch price is \$3.45 and you may use your student's meal account or pay cash for your meal.

While we are especially encouraging families to come during this week, please feel free to come anytime to eat with your student!

We look forward to seeing you and hearing your feedback!

Cherry Creek Community Legislative Network

2012-2013 Calendar

October 10, 2012

Citizens for Cherry Creek Schools

9:30 – 11:00, ESC, Rm 260

Join us for an informational meeting on the current bond issue and tax referendum, 3A & 3B. Representatives from the Citizens for Cherry Creek Schools will be present to answer questions.

November 28, 2012

Legislative Breakfast

7:00 – 8:30 a.m., SARC

Join CCCLN members, Cherry Creek School Board members, and our superintendent as we hear from CCSD legislators about their plans and views on education policy for the upcoming legislative session.

February 13, 2013

Overview of 2013 Legislative Session

9:30 – 11:00, ESC, Rm 210

Get an up-to-date report on the legislation proposed in the 2013 Legislature and how it may affect education in the District and throughout Colorado.

March 13, 2013

Day at the Capitol

8:00 – 1:30 State Capitol

Come to see firsthand what takes place at the Capitol. Meet and hear from legislators that represent our District, and learn about current legislative proposals that may impact education.

May 8, 2013

Legislative Update 2013

9:30 – 11:00, ESC, Rm 210

Get an up-to-date report on the legislation proposed in the 2013 Legislature and how it may affect education in the District and throughout Colorado.

The Cherry Creek Community Legislative Network (CCCLN) is a non-partisan committee promoting awareness of education issues, legislation, and the legislative process. The Committee sponsors regular meetings and events to help community members learn about education issues within the District and provides opportunities to meet State Legislators, the Cherry Creek School Board, the Board of Education, and education advocacy groups. Everyone in the Cherry Creek School District community is welcome to attend.

If you have any questions about CCCLN or would like to receive monthly information from the meetings, please contact Mariellen Guerra at

grobert67@comcast.net.